

Staying Alive In Avalanche Terrain

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A Glimpse of Eternal Snows Jane Wilson-Howarth 2012 Set against the backdrop of one of the most colorful countries in the world, A Glimpse of Eternal Snows is an inspiring story of courage, love and a family's determination to give their child the best life possible. In pulsating, polluted Kathmandu and an idyllic village on a river island at the foot of the Himalayas, 'Doctor Jane' and her engineer husband Simon hope to make a difference: Jane to fulfil her vision to heal and advocate for the poor, Simon to avert the floods that threaten to devastate the land every monsoon season. The Nepali people are accepting of whatever fate flings at them and here the family find sanity, compassion and joy with baby David, who in England was little more than an 'interesting case'. This is a tale of Himalayan highs and monsoon lows, of cultural complexities, unexpected wildlife and rugged terrain, of vivid color, superstition and spicy smells.

Secrets of the Greatest Snow on Earth Jim Steenburgh 2014-11-13 Utah has long claimed to have the greatest snow on Earth—the state itself has even trademarked the phrase. In Secrets of the Greatest Snow on Earth, Jim Steenburgh investigates Wasatch weather, exposing the myths, explaining the reality, and revealing how and why Utah's powder lives up to its reputation. Steenburgh also examines ski and snowboard regions beyond Utah, making this book a meteorological guide to mountain weather and snow climates around the world. Chapters explore mountain weather, avalanches and snow safety, historical accounts of weather events and snow conditions, and the basics of climate and weather forecasting. Steenburgh explains what creates the best snow for skiing and snowboarding in accurate and accessible language and illustrates his points with 150 color photographs, making Secrets of the Greatest Snow on Earth a helpful tool for planning vacations and staying safe during mountain adventures. Snowriders, weather enthusiasts, meteorologists, students of snow science, and anyone who dreams of deep powder and bluebird skies will want to get their gloves on Secrets of the Greatest Snow on Earth.

Backcountry Avalanche Awareness Bruce Jamieson 1997 This book is based on the Canadian Avalanche Association's introductory avalanche course. It is designed for skiers, snowboarders, snowmobilers, climbers, and hikers and includes safety measures, search and rescue techniques, methods for recognizing avalanche terrain, and information on what to do if caught by an avalanche.

Broken Idols of the English Reformation Margaret Aston 2015-11-26 Why were so many religious images and objects broken and damaged in the course of the Reformation? Margaret Aston's magisterial new book charts the conflicting imperatives of destruction and rebuilding throughout the English Reformation from the desecration of images, rails and screens to bells, organs and stained glass windows. She explores the motivations of those who smashed images of the crucifixion in stained glass windows and who pulled down crosses and defaced symbols of the Trinity. She shows that destruction was part of a methodology of religious revolution designed to change people as well as places and to forge in the long term new generations of new believers. Beyond blanked walls and whited windows were beliefs and minds impregnated by new modes of religious learning. Idol-breaking with its emphasis on the treacheries of images fundamentally transformed not only Anglican ways of worship but also of seeing, hearing and remembering.

Backcountry Ski & Snowboard Routes: California Jeremy Benson 2017-09-19 After some dreadful years for Sierra skiers, the snow is back and the pent-up demand to ride it is satisfied by this book! From Bishop to

Tahoe to Shasta, and multiple slopes in between, California has a big ski and snowboard culture and this backcountry guide describes 97 of the state's best routes. Part of our critically-acclaimed series, Backcountry Ski & Snowboard Routes: California is written by Tahoe-based professional skier, Jeremy Benson, and covers the best of the state, featuring advanced backcountry descents with serious verticals. The northern region of the book focuses on Mount Shasta and Tahoe, while the central region includes Mammoth, Bishop, and Sierra Club hut trips, and to the south, 14ers Mount Whitney and Mount Langley and more.

Ski Guide Manual First Edition Rob Coppolillo 2020 This updated, expert ski guide provides top-of-the-line insight for backcountry/off-piste skiers and guides. The Ski Guide Manual presents wisdom earned through decades of experience guiding and. The result is a successful system of travel and risk management in the winter environment. The collective work of thousands of mountain guides have proven how to have the most fun and find the best snow, all which reducing risk of avalanche, cold, crevasses, and optimize group dynamics.

Avalanche Pocket Guide Bruce Tremper 2014-10 12 panel laminated pocket guide Waterproof, pocket-sized, quick reference for evaluating and managing avalanche danger while you're in the backcountry. Full-color fold-out guide with the most critical quick info that skiers, snowboarders, and other mountain enthusiasts need while in the winter backcountry Carry-along complement to Tremper's best-selling Staying Alive in Avalanche Terrain and Avalanche Essentials: A Step-by-Step System for Safety and Survival The Avalanche Pocket Guide includes quick and visual safety reminders: the 5 As and 2 Cs to consider when evaluating avalanche terrain; the trusty Tremper Terrain-o-Meter; a snowpack stability checklist; quick review of snowpack stability tests, low-risk travel ritual; a gear checklist; Avalanche Smart Card graphic that pulls it all together; beacon search tips; and more.

Staying Alive in Avalanche Terrain Bruce Tremper 2008-09-15 [CLICK HERE](#) to download the sample chapter "Weather" from Staying Alive in Avalanche Terrain * Provides easy-to-follow instructions on crucial avalanche safety skills * Completely revised with all of the most recent data and techniques * Ideal for snowmobilers, snowboarders, snowshoers, skiers, climbers, hunters, hikers "No one who plays in mountain snow should leave home without having studied this book." -Rocky Mountain News Winter recreation in the backcountry has increased steadily over the years and so has the number of deaths and injuries caused by avalanches. As search and rescue teams are increasingly strapped for funding, self-education has become a larger necessity for snow-sport enthusiasts. The new edition of Bruce Tremper's seminal book is organized according to the structure of American Avalanche Association classes and all chapters have been updated and reviewed by peer experts.

The Avalanche Handbook David McClung 2006 Technical yet accessible, The Avalanche Handbook, 3rd Edition, covers the formation, character, effects, and control of avalanches; rescue techniques; and research on understanding and surviving avalanches. Illustrated with nearly 200 updated illustrations, photos and examples, the revised edition offers exhaustive information on contributing weather and climate factors, snowpack analysis, the newest transceiver search techniques, and preventative and protective measures, including avalanche zoning and control. It contains new information on the unique characteristics of alpine snow, snow slab instability, terrain variables, skier triggering of avalanches, and

the nature of avalanche motion. Plus brand-new chapters on the elements of backcountry avalanche forecasting and the decision-making process.

Avalanche Skills Training Handbook James Floyer 2019

Staying Alive in Avalanche Terrain Bruce Tremper 2001 Winter recreation in the mountains has increased steadily over the past few years, and so has the number of deaths and injuries caused by avalanches.

Staying Alive in Avalanche Terrain covers everything you need to know to avoid trouble in avalanche terrain: what avalanches are and how they work, common myths, human activities that lead to avalanche trouble, what happens to victims when an avalanche occurs, and rescue techniques. Provides step-by-step instruction for determining avalanche hazards, using safe travel technique, and making effective rescues.

Dragons in the Snow Ed Power 2020-08-12 Edward Power sets the reader down in the midst of a February 2017 blizzard that raked Utah's Uinta Range as nine snowboarders made their way into the backcountry for a day of intense adventure. As the boarders were taking their first turns, expert avalanche forecaster Craig Gordon was tracking the storm and its impact, posting one of the most dire avalanche forecasts and warnings in his career. In *Dragons in the Snow*, Power delves into the research and science behind avalanche forecasting and rescue, weaving in the art of backcountry skiing as well as dramatic tales of avalanche accidents, rescues, and recoveries. And he paints compelling portraits of the men and women who have made the study of avalanches their life's work. The tales told by these avalanche forecasters, as well as the stories of the backcountry riders who may "wake the dragon" make for not just a compelling read, but also a powerful tool for raising avalanche awareness in everyone who plays in the winter backcountry.

Snow Sense Jill A. Fredston 1999 Book which focuses on teaching backcountry travellers to recognize, evaluate, and avoid avalanche hazards by gathering available key information and clues from the snowpack, weather, and terrain.

Backcountry Ski & Snowboard Routes Oregon Christopher Van Tilburg 2011-09-14 [CLICK HERE](#) to download a sample advanced, intermediate and beginner route from *Backcountry Ski & Snowboard Routes Oregon* * Includes 120 black-and-white photos and 90 maps * Routes coverage ranges from Lassen Peak, through Oregon, up to Mount St. Helens The first guidebook in a new *Backcountry Ski & Snowboard Series* from Mountaineers Books, *Backcountry Ski & Snowboard Routes: Oregon* describes nearly 100 of the best and most classic mountain routes that will exhilarate and challenge winter backcountry seekers. Although many of these routes are geared toward intermediate and expert skiers and boarders, there are also appropriate routes for those just getting into the backcountry for the first time. Full state coverage includes more than 30 routes on Mount Hood alone, and ranges across Mount Jefferson, the Three Sisters and Bend area, Willamette Pass and Mount Bailey, Crater Lake National Park, the southern Cascades, Steens, and the Wallowas and Blue Mountains regions. There are also classic routes just over the borders -- Mount Shasta and Lassen Peak in Northern California and Mount St. Helens, Mount Adams, and Muir Snowfield in Washington. Many of these routes are selected for their straightforward approaches. Sections describe avalanche safety, best resources, gear, Oregon backcountry laws, and routes by best season and skill level. This is a guidebook to get snowboarders and skiers out in the mountains for quality fun! **WHAT THEY'RE SAYING ABOUT BACKCOUNTRY SKI & SNOWBOARD ROUTES OREGON:** "Van Tilburg's new book provides extensive, easy-to-read information on the majority of the ski and snowboard objectives in the greater Oregon region and should be considered a mandatory addition to a local backcountry enthusiast's library." -- *Off Piste* magazine

Metaphors on Vision Stan Brakhage 2021-09-09 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Allen & Mike's Avalanche Book Mike Clelland 2012-12-04 With more and more people heading into the winter backcountry on skis, snowshoes, and snowmobiles, avalanche safety is of paramount importance. *Allen & Mike's Really Cool Avalanche Safety Book* distills the sometimes overly technical information of snow science into a user-friendly format with helpful illustrations and easy-to-understand text. With years of experience as NOLS instructors to draw on, Allen O'Bannon and Mike Clelland team up to give winter recreationists the information they need to stay safe in the backcountry, including how to prepare for your trip, proper equipment and how to use it, snowpack assessment, choosing safe travel routes, decision making, and rescue scenarios. Written for both aspiring winter backcountry travelers and experts alike, this book is a must-read for anybody who loves to experience the solitude and beauty of the snowy mountains.

In the Path of an Avalanche Vivien Bowers 2012-01-06 On a clear, cold morning in January 1998, in the Selkirk Mountains of southeastern British Columbia, a massive avalanche buried six experienced backcountry skiers. They didn't have a chance. Thus began the worst day for avalanche deaths in Canadian history and one of the most tragic in North America. This book is the biography of a deadly avalanche, detailing how a combination of factors—steep, open terrain, an unstable winter snow pack primed to slide, aggravating weather conditions, and a trigger provided by a handful of back-country skiers—resulted in human tragedy. It is the story of a particular avalanche, but it illustrates a natural phenomenon that has threatened human endeavours throughout the world since people first ventured within the reach of steep snow slopes.

Everything I Never Told You Celeste Ng 2014-06-26 The acclaimed debut novel by the author of *Little Fires Everywhere* and *Our Missing Hearts* "A taut tale of ever deepening and quickening suspense." —O, the Oprah Magazine "Explosive . . . Both a propulsive mystery and a profound examination of a mixed-race family." —Entertainment Weekly "Lydia is dead. But they don't know this yet." So begins this exquisite novel about a Chinese American family living in 1970s small-town Ohio. Lydia is the favorite child of Marilyn and James Lee, and her parents are determined that she will fulfill the dreams they were unable to pursue. But when Lydia's body is found in the local lake, the delicate balancing act that has been keeping the Lee family together is destroyed, tumbling them into chaos. A profoundly moving story of family, secrets, and longing, *Everything I Never Told You* is both a gripping page-turner and a sensitive family portrait, uncovering the ways in which mothers and daughters, fathers and sons, and husbands and wives struggle, all their lives, to understand one another.

Pocket Guide to Outdoor Survival Ron Cordes 1994-06 This handy guide is an almost indestructible how-to tool. It includes need-to-know information such as emergency signals, finding water and more. Best of all, the guide is waterproof, dirt-proof and pocket-sized, so you can take it everywhere!

Secrets of the Snow Edward R. LaChapelle 2011-10-17 The surface of fallen snow—its contours and texture—can tell the interested observer much about the forces that shaped it and about its stability and what it is likely to do. Will it be good for skiing or for packing as a snowball? Will it slide? Is it dangerous? *Secrets of the Snow* is an overview of the easily visible aspects of snow in the alpine mountain landscape, serving as a companion volume to the author's *Field Guide to Snow Crystals*, which examines snow at the microscopic level. Describing visual snow features and textures arising from climate, wind-drift, layering, solar radiation, and melting, *Secrets of the Snow* explains how snow may be "read" for information on avalanche formation and suitability for winter sports. Closely linked photographs and text illustrate the shapes, forms, and textures found at the surface of winter snow covers; describe their origins in wind and weather conditions; and guide the reader in interpreting these features to predict snow behavior. *Secrets of the Snow* is essential for winter sports enthusiasts, mountaineers, and avalanche-safety specialists.

Mountaineering: Freedom of the Hills The Mountaineers 2017-10-05 "The definitive guide to mountains and climbing . . ."—Conrad Anker For nearly 60 years it's been revered as the "bible" of mountaineering—and now it's even better than ever • The best-selling instructional text for new and intermediate climbers for more than half a century • New edition—fully updated techniques and all-new illustrations • Researched and written by a team of expert climbers *Mountaineering: The Freedom of the Hills* is the text beloved by generations of new climbers—the standard for climbing education around the world where it has been translated into 12 languages. For the all-new 9th Edition, committees composed of active climbers and

climbing educators reviewed every chapter of instruction, and discussed updates with staff from the American Alpine Club (AAC), the American Institute for Avalanche Research and Education (AIARE), and the Access Fund. They also worked with professional members of the American Mountain Guides Association (AMGA), to review their work and ensure that the updated textbook includes the most current best practices for both alpine and rock climbing instruction. From gear selection to belay and repel techniques, from glacier travel to rope work, to safety, safety, and more safety—there is no more comprehensive and thoroughly vetted training manual for climbing than the standard set by *Mountaineering: The Freedom of the Hills*, 9th Edition. Significant updates to this edition include:

- New alignment with AAC's nationwide universal belay standard
- Expanded and more detailed avalanche safety info, including how to better understand avalanches, evaluate hazards, travel safely in avy terrain, and locate and rescue a fellow climber in an avalanche
- Newly revamped chapters on clothing and camping
- All-new illustrations reflecting the latest gear and techniques—created by artist John McMullen, former art director of *Climbing* magazine
- Review of and contributions to multiple sections by AMGA-certified guides
- Fresh approach to the Ten Essentials—now making the iconic list easier to recall

Backcountry Skiing Martin Volken 2007 * For intermediate-to-advanced backcountry skiers* Includes trip planning, navigation, fitness, and avalanche safety information, in addition to techniques*Provides advice on how to make well-informed backcountry decisions Martin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountain backcountry. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning backcountry trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques, *Backcountry Skiing* also features information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics. Throughout this guide, a special emphasis is put on being well-informed and making good decisions - whenever you strap on your skis and skins and head out into the backcountry.

Ultimate Skiing Adventures Alf Alderson 2020-11-03 *Ultimate Skiing Adventures* takes you on a skiing voyage around the planet's biggest, best and most unusual ski destinations - from the huge mega-resorts of the French Alps to sailing along Iceland's north coast in search of great snow, there are exciting adventures that will appeal to everyone from novice to expert. The inspirational descriptions of 100 locations combine Alf Alderson's personal experience with the input of experts in all aspects of skiing and mountain sports and are accompanied by stunning full-page photography from some of the world's foremost ski photographers. Published in a year of great uncertainty for ski travel, this book allows you to escape onto the slopes in your own home. Perfect for indulging in some armchair skiing of slopes that only the most adventurous will tackle and for planning your next ski trip. And it's not just about skiing - the contents cover avalanche rescue techniques, snow science, road trips, the work of ski patrollers and resorts so remote and obscure that you may never have heard of them. The book is divided into sections on Western Europe, Eastern Europe, North America, Scandinavia and the Rest of the World. Discover where you will ski next - in reality or in your imagination.

Snow, Weather, and Avalanches 2004 laminated front and back cover with plastic spiral binding

Peaks and Couloirs of Southwest Montana Christopher Kussmaul 2021-02-15 *Peaks and Couloirs of Southwest Montana* is a guide to backcountry skiing in the Gallatin, Madison, Bridger, Tobacco Root, and Montana Abaroka Ranges. The guide covers nearly 200 ski routes across 49 peaks, 8 basins, and 3 traverses. With aerial photography, custom route maps, and skiing history, *Peaks and Couloirs* is the definitive source for all things backcountry skiing in the Southwest Montana region.

Staying Alive in Avalanche Terrain Bruce Tremper 2018-08-10 The more you know about snow stability, the better your travel and rescue skills. And the sharper your decision making, the better you'll be able to avoid avalanche danger and have more fun in the winter backcountry. In *Staying Alive in Avalanche Terrain*, 3rd Edition, acclaimed snow and avalanche expert Bruce Tremper provides easy-to-understand avalanche safety tips and skills, including the latest snow research and techniques for evaluating snowpack, as well how to

rescue companions in the event of an avalanche. Other topics include: How to evaluate terrain and decide whether it's safe or dangerous How avalanches work How to test snow stability How to control your exposure and lower your risk Safe travel techniques What to do if you're caught in an avalanche Search-and-rescue strategies Managing the human factors that contribute to accidents This fully revised and updated third edition of Bruce's best-selling book is organized according to the structure of American Avalanche Association classes, and all topics have been updated and reviewed by peer experts. This edition also features a wholly new chapter in which Bruce pulls all the pieces together to create an organized, step-by-step system for making decisions off, and on, the mountain. As *Rocky Mountain News* proclaimed, "No one who plays in the mountain snow should leave home without having studied this book." Clear, comprehensive, and engaging, *Staying Alive in Avalanche Terrain* shares everything skiers, snowboarders, and other backcountry travelers need to know to stay safe in the mountains.

The ABCs of Avalanche Safety Sue A. Ferguson 2003 *ABCs of Avalanche Safety*, 3rd Edition is still the handy pocket guide offered at a bargain price. And it is still loaded with the vital information you need to survive in the mountains: how to determine potential avalanche hazard, traveling safely in avalanche terrain, what to do if you're caught in an avalanche, and search and rescue techniques. A respected authority since 1961, this enduring classic has been updated with the very latest research in the field, including avalanche transceiver technology.

Soundless Richelle Mead 2015-11-10 A NEW YORK TIMES BEST SELLER From Richelle Mead, the #1 internationally bestselling author of *Vampire Academy* and *Bloodlines*, comes a breathtaking new fantasy perfect for fans of Leigh Bardugo, Laini Taylor and Sabaa Tahir. "Fans of characters like Rose Hathaway and Sydney Sage will flock to this impressive stand-alone novel." --Booklist For as long as Fei can remember, there has been no sound in her village, where rocky terrain and frequent avalanches prevent residents from self-sustaining. Fei and her people are at the mercy of a zipline that carries food up the treacherous cliffs from Beiguo, a mysterious faraway kingdom. When villagers begin to lose their sight, deliveries from the zipline shrink and many go hungry. Fei's home, the people she loves, and her entire existence is plunged into crisis, under threat of darkness and starvation. But soon Fei is awoken in the night by a searing noise, and sound becomes her weapon. Richelle Mead takes readers on a triumphant journey from the peak of Fei's jagged mountain village to the valley of Beiguo, where a startling truth and an unlikely romance will change her life forever....

Seven Pillars of Wisdom T. E. Lawrence 2022-01-05 *Seven Pillars of Wisdom* is the autobiographical work by of British Army Colonel T. E. Lawrence ("Lawrence of Arabia"). In the book he describes his adventures of serving as a military advisor to Bedouin forces during the Arab Revolt against the Ottoman Turks of 1916 to 1918. Lawrence kept extensive notes throughout the course of his involvement in the Revolt and cleared them up during his stay in Paris. During the revolt, Lawrence helped organize and carry out attacks on the Ottoman forces from Aqaba in the south to Damascus in the north. He got popular among the locals, yet most of his popularity came after the publication of this account. It includes the descriptions of battles and geographic sights, incredible landscapes and customs.

Backcountry Ski & Snowboard Routes: Colorado Brittany Konsella 2017-10-11 Whether you're an experienced backcountry skier or intermediate snowboarder looking to ramp up your out of bounds expeditions, Brittany and Frank Konsella have the cred to guide you to the state's special runs. Both have descended all of the state's 14ers on skis and Brittany was the second woman to accomplish that feat. They know where the sweet lines are. *Backcountry Ski & Snowboard Routes: Colorado*—part of the popular series—includes backcountry routes focused on the Front Range and the San Juans, with other routes in the Sawatch Range, Elk Mountains, Mosquito Range, and more.

Snowstruck Jill Fredston 2007-01-08 An avalanche expert and predictor explores the often deadly nature of avalanches, sharing dramatic rescue and escape stories, including those of a skier who was forced to make a life-and-death decision and the race to save a buried victim.

Sierra South Kathy Morey 2006-06-06 This completely revised and updated 8th edition of *Sierra South* now covers an expanded region of the Sierra, from the southern boundary of Yosemite National Park to southern Golden Trout Wilderness. With new trips and old favorites, *Sierra South* is the classic guide to backpacking in Sequoia and Kings Canyon national parks, Ansel Adams Wilderness, and Mt. Whitney.

Higher Love Kit DesLauriers 2021-04-01 In 2006 Kit DesLauriers made history by becoming the first person to climb--and then ski--from the summit of each continent's highest mountain, the famed Seven Summits. Centered on this quest, her book *Higher Love* represents a hero's journey, rich with personal insights, life-threatening consequences, and a thrilling crescendo. Spanning seven continents in just two years, this deeply personal memoir recounts Kit's initially secret journey that would change her life forever. From braving Antarctica's bone-chilling temperatures to trudging through an African rainforest, from corn snow on the slopes of Australia to blue ice on Everest, Kit leads you up each mountain and gives you a heart-racing ride back down. This candid, fast-paced story shows how in-spiration, teamwork, and honoring our true nature blazes the trail to every summit, on or off the mountain.

Wild Snow Louis W. Dawson 1997 Presents historical background on ski mountaineering, which is climbing a mountain on skis and then skiing down the slopes, and offers tips on climbing and skiing specific mountains.

Avalanche Essentials Bruce Tremper 2013-11-12 Avalanche safety educator Bruce Tremper's recently published *Avalanche Essentials* is a terrific little tome that condenses the conventional wisdom into 189 pages. The book is profusely illustrated with numerous diagrams and real-life photos. A thorough index rounds things out, making the book useful for research or as a fulcrum during safety classes and seminars. - Wildsnow.com [CLICK HERE](#) to download the first chapter on "How Dangerous Is The Brain" from *Avalanche Essentials* * Easy-to-understand safety tips and checklists to help anyone stay safer in avalanche terrain * Small, take-along resource to reference in the field and assist decision making * Companion to *Staying Alive in Avalanche Terrain*, the bestselling avalanche text in the U.S. Winter athletes don't necessarily want to be snow scientists, but playing in avalanche country does require basic knowledge of the risks in order to stay safe. This new guide by renowned avalanche expert Bruce Tremper is simple, accessible, and offers just the basics — an Everyman's guide to avalanche safety that won't overtax your average ski bums, but will keep them safe when they're going for 12 consecutive months of powder. *Avalanche Essentials* is for everyone who wants to learn the fundamentals of avalanche awareness, focusing on systems and checklists, step-by-step procedures, decision-making aids, visual terrain and weather cues, rescue techniques, gear, and more. *Avalanche Essentials* is intended for broader use by skiers, snowboarders, snowmobilers, hikers, climbers, and snowshoers. Because it steers clear of more complex topics (e.g., snow metamorphism), it's perfect for generalists as well as anyone who has studied avalanche safety and likes to keep a pocket reference while in potentially dangerous terrain.

Glacier Mountaineering Andy Tyson 2009-06-02 *Glacier Mountaineering* provides the knowledge and skills needed to safely and self-sufficiently navigate over glacier terrain. Hundreds of hilarious and helpful illustrations by Mike Clelland complement the clear and concise text by Andy Tyson. Providing critical instruction for anyone planning to travel over glacier country—from the Cascades to the Rockies to Denali—this book will guide and entertain readers through glacier anatomy, equipment, route finding, and rescue techniques.

Site-Specific Art Nick Kaye 2013-04-15 *Site-Specific Art* charts the development of an experimental art form in an experimental way. Nick Kaye traces the fascinating historical antecedents of today's installation and performance art, while also assembling a unique documentation of contemporary practice around the world. The book is divided into individual analyses of the themes of space, materials, site, and frames. These are interspersed by specially commissioned documentary artwork from some of the world's foremost practitioners and artists working today. This interweaving of critique and creativity has never been achieved on this scale before. *Site-Specific Art* investigates the relationship of architectural theory to an understanding of contemporary site related art and performance, and rigorously questions how such works can be documented. The artistic processes involved are demonstrated through entirely new primary articles from: * Meredith Monk * Station House Opera * Brith Gof * Forced Entertainment. This volume is an astonishing contribution to debates around experimental cross-arts practice.

Real Gardens Grow Natives Eileen M Stark 2014-09-24 [CLICK HERE](#) to download sample native plants from *Real Gardens Grow Natives* For many people, the most tangible and beneficial impact they can have on the environment is right in their own yard. Aimed at beginning and veteran gardeners alike, *Real Gardens Grow Natives* is a stunningly photographed guide that helps readers plan, implement, and sustain

a retreat at home that reflects the natural world. Gardening with native plants that naturally belong and thrive in the Pacific Northwest's climate and soil not only nurtures biodiversity, but provides a quintessential Northwest character and beauty to yard and neighborhood! For gardeners and conservationists who lack the time to read through lengthy design books and plant lists or can't afford a landscape designer, *Real Gardens Grow Natives* is accessible yet comprehensive and provides the inspiration and clear instruction needed to create and sustain beautiful, functional, and undemanding gardens. With expert knowledge from professional landscape designer Eileen M. Stark, *Real Gardens Grow Natives* includes: * Detailed profiles of 100 select native plants for the Pacific Northwest west of the Cascades, plus related species, helping make plant choice and placement. * Straightforward methods to enhance or restore habitat and increase biodiversity * Landscape design guidance for various-sized yards, including sample plans * Ways to integrate natives, edibles, and nonnative ornamentals within your garden * Specific planting procedures and secrets to healthy soil * Techniques for propagating your own native plants * Advice for easy, maintenance using organic methods

Backcountry Ski & Snowboard Routes Washington Martin Volken 2014-01-07 [CLICK HERE](#) to download a sample route from *Backcountry Ski & Snowboard Washington* Ski and snowboard adventures can be found year-round when you know where to look — start here! * Only Mountaineers Books offers guidebooks for backcountry ski routes in Washington, and this is the newest and best available! * Backcountry skiing is one of the fastest growing winter sports * Written by the authors of the bestselling instructional text on the sport, *Backcountry Skiing Washington's Cascades, Olympics, and Mount Rainier* are prime destinations for backcountry ski and snowboard adventure, and no one is better qualified to write this guidebook than Martin Volken and his team at Pro Guiding Service, based in the Cascade foothills. The all-new guidebook includes 80 routes throughout the state — plus one in British Columbia! — Ideal for intermediate to expert skiers or snowboarders. It features routes ranging from accessible day trips suitable for relative beginners to more challenging multiday traverses. It's a guide to the very best routes available to skiers and boarders throughout the state. Each route includes the following elements: * Starting elevation and high point * Elevation gain and loss * Route distance * Time required * Recommended skill and fitness levels * Best season to ski * Maps and permits info * Driving directions, from nearest major town or junction * Detailed route description * *Backcountry Ski & Snowboard Routes: Washington* also includes an introduction by legendary Northwest skier Lowell Skoog.

Backcountry Ski & Snowboard Routes: Utah Jared Hargrave 2015-10-29 • Nearly 100 backcountry ski routes—most located in the central Wasatch • Written by a ski-obsessed outdoor journalist • Both day trips and overnights included Jared Hargrave averages more than 70 ski days a year, which adds up to a ton of local knowledge. He's exactly the ski partner you'd want to show you the best backcountry routes, from those you can hit on a pre-work dawn patrol to multiday overnight trips. *Backcountry Ski & Snowboard Routes: Utah* includes tours in the central Wasatch as well as the Uintas, Henry Mountains, and more. As with all books in this series, this Utah guide is designed for intermediate to expert skiers or boarders. Each route includes the following elements: • Detailed route description • Driving directions from nearest major town or junction • Trip rating • Trail distance • Estimated trip time • Skill level • Recommended season • Avalanche routefinding notes • Map/permit info • Starting point elevation • High point elevation • Alternate route options The guide also includes resources for avalanche, weather, and road conditions; land managers relevant to the routes; ski/snow reports; and general safety information, as well as a foreword by one of Utah's premier avalanche experts, Craig Gordon.

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